

Urban District Council of  
Budleigh Salterton



ANNUAL REPORT  
OF THE  
MEDICAL OFFICER OF HEALTH  
FOR THE YEAR  
**1971**



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BUDLEIGH SALTERTON URBAN DISTRICT COUNCIL

Council Offices,  
Station Road,  
Budleigh Salterton.

August 1972.

Mr. Chairman, Ladies & Gentlemen

I have much pleasure in presenting to you, my Annual Report for the year ending 31st December 1971.

From a study of the vital statistics for the district, it will be seen that the standardised live birth rate of 12.7 was below that for England and Wales as a whole (16.0), on the other hand the standardised death rate of 9.9 was much below that for England and Wales, viz: 11.6.

It is gratifying to note that there was no infant mortality in 1971.


I am also pleased to report that there were no cases of notifiable infectious diseases reported during the year and neither were there any cases of Tuberculosis notified.

In conclusion may I thank all members of the Council and the Staff for their help and co-operation given to me during the past year.

I have the honour to be  
Your Obedient Servant.

L. G. ANDERSON.

Medical Officer of Health.



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S T A F F.

Medical Officer of Health.

L.G. Anderson M.D., Ch.B., D.P.H.,

Surveyor & Public Health Inspector.

P. M. Walsh, A.F.S. (Mun)., C.R.S.H.

Deputy Surveyor & Public Health Inspector.

J. E. Miller, M.B.E., E.D., M.A.P.H.I.





STATISTICS OF THE AREA.

Area in Acres	1,018
Resident population mid-year 1970 (as estimated by the Registrar General).	4,150
Number of inhabited dwellings (31st March 1971)	1,863
Rateable Value	£279,931.
Estimated product of a penny rate	£2,728.00.

VITAL STATISTICS.(a) Live Births.

	Males	Females	Total
Legitimate	16	14	30
Illegitimate	2	1	3
Total	18	15	33

Live Birth rate per 1,000 estimated population 7.9.

Standardised live birth rate per 1,000 estimated  
resident population . 12.7

Live birth rate per 1,000 estimated civilian  
population England & Wales. 16.0

(b) Still Births.

	Males	Females	Total
Legitimate	1	-	1
Illegitimate	-	-	-
Total	1	-	1

Still birth rate per 1,000 total live and still births 29

Still birth rate per 1,000 total live and still births  
England and Wales. 12

(c) Deaths.

	Males	Females	Total
	40	50	90
Corrected death rate per 1,000 estimated resident population	21.6.		
Standardised death rate per 1,000 estimated resident population.	9.9.		
Death Rate per 1,000 civilian population, England and Wales	11.6.		



(d) Infant Mortality.

No infants under the age of one year died in the district during 1971.

The infant mortality rate per 1,000 live births for England and Wales was 18.

LIVE BIRTH RATE (rate per 1,000 estimated resident population).

During 1971, 18 boys and 15 girls, a total of 33 babies were born, which is the same as last year.

The following table shows the live birth rate during the last ten years:-

	1962	1963	1964	1965	1966	1967	1968	1969	1970	1971
Budleigh Salterton	10.7	11.6	9.3	11.2	9.5	7.0	7.8	8.3	8.3	7.9
Standardised	14.7	21.2	16.7	16.0	16.9	12.7	12.5	13.4	13.5	12.7
England & Wales	18.0	18.2	18.4	18.0	17.7	17.2	16.9	16.3	16.0	16.0

ILLEGITIMATE BIRTH RATE

Of the 33 births during the year, three were illegitimate. The rate per 1,000 live births was 90.9. The illegitimate birth rate during the last ten years is as follows:-

1962	1963	1964	1965	1966	1967	1968	1969	1970	1971
100.0	93.0	85.3	-	27.9	74.0	32.2	90.9	-	90.9

STILL BIRTHS.

There was one still birth registered during the year 1971. The still birth rate of 29.0 was much higher than the rate for England and Wales as a whole, 12.0.

INFANT MORTALITY.

No babies under the age of one year died in Budleigh Salterton in 1971.

DEATHS.

During the year, 90 persons normally resident in the district died 40 males and 50 females, 3 less than the previous year. This represents a death rate of 21.6, but when allowances are made for age and sex distribution, represents a standardised rate of 9.9. This is lower than the rate for England and Wales, 11.6.

The following table shows the corrected death rate and the standardised death rate for Budleigh Salterton during the last ten years:-



	1962	1963	1964	1965	1966	1967	1968	1969	1970	1971
Corrected	17.7	18.9	18.1	27.0	21.2	23.8	22.7	27.5	23.6	21.6
Standard- ised.	9.7	9.2	8.8	13.0	10.1	10.9	10.9	12.1	10.9	9.9.
England & Wales	11.9	12.2	11.3	11.5	11.7	11.8	11.9	11.9	11.7	11.6.

### CAUSES OF DEATH.

The following table shows the causes of death (data supplied by The Registrar General).

	Male	Female	Total
Other infective and Parasitic Diseases	-	1	1
Malignant Neoplasm, Buccal Cavity etc. (Cancer)	-	1	1
Oesophagus	1	-	1
Stomach	1	-	1
Intestine	2	3	5
Lung, Bronchus	4	1	5
Breast	-	4	4
Prostate	1	-	1
Other Malignant Neoplasms	1	4	5
Diabetes Mellitus	-	1	1
Other Diseases of Nervous System	1	2	3
Chronic Rheumatic Heart Disease	1	-	1
Ischaemic Heart Disease	14	10	24
Other Forms of Heart Disease	6	5	11
Cerebrovascular Disease	5	10	15
Other Diseases of Circulatory System	1	1	2
Pneumonia	-	1	1
Bronchitis and Emphysema	1	1	2
Other Diseases of Respiratory System	1	1	2
Other Diseases of Digestive System	-	1	1
Motor Vehicle Accidents.	-	1	1
All other Accidents.	-	1	1
All Other external causes	-	1	1
TOTAL	40	50	90



DEATHS.(a) Causes of Death.

As in previous years, the most prevalent causes of death were diseases of the heart, 36 cases, (40%), cerebrovascular diseases were the cause of 15 deaths (16%) and cancer caused 23 deaths, (25%),

(b) Age at Death.

	1962	1963	1964	1965	1966	1967	1968	1969	1970	1971
Males	75.1	62.6	64.5	67.1	76.2	75.8	75.2	75.0	76.2	77.4
Females	76.6	75.1	75.4	76.1	77.2	78.3	81.7	80.0	77.8	81.0
England & Wales. M	68.1	68.0	68.8	68.9	69.0	69.1	69.1	69.1	69.1	-
Wales. F	74.0	73.9	74.5	74.7	75.0	75.1	75.1	75.1	75.1	-

The following table shows the incidence of deaths in various age groups. (From returns supplied by the Local Registrar of Births and Deaths.

	Males	Females	Total	Percentage
Under 1 year	-	-	-	-
1-4 years	-	-	-	-
5-14 years	-	-	-	-
15-24 years	1	-	1	1.1
25-34 years	-	-	-	-
35-44 years	-	-	-	-
45-54 years	2	1	3	3.3
55-64 years	-	5	5	5.5
65-74 years	18	10	28	31.1
75- and over	19	34	54	58.7
Total	40	50	90	





CANCER

During the year 19 cases of death from cancer were recorded. The various parts of the body affected are shown below:

Site	Males	Females	Total
Buccal Cavity	-	1	1
Oesophagus	1	-	1
Stomach	1	-	1
Intestine	2	3	5
Lung, Bronchus	4	1	5
Breast	-	4	4
Prostate	1	-	1
All other sites	1	4	5
Total	10	13	23

The incidence of Deaths from Cancer during the last ten years is as follows:-

	1962	1963	1964	1965	1966	1967	1968	1969	1970	1971
Males	4	8	2	11	6	13	11	17	11	10
Females	6	4	11	8	9	7	3	10	8	13
Total	10	12	13	19	15	20	14	27	19	23
Rate per 1,000	1.5	3.7	3.4	5.0	4.0	5.1	3.5	6.6	4.9	5.5

INFECTIOUS DISEASES.

The incidence (numbers notified) of infectious diseases in the district in the last ten years is shown below:-

	1962	1963	1964	1965	1966	1967	1968	1969	1970	1971
Measles	63	23	-	7	2	89	4	-	-	-
Whooping Cough	1	7	-	-	-	-	-	-	-	-
Scarlet Fever	-	4	1	-	-	1	-	-	-	-
Pneumonia	9	5	2	-	1	-	-	-	-	-
Sonnei Dysentery	1	-	-	-	-	1	-	-	1	-

TUBERCULOSIS.

No cases of tuberculosis were notified in the district in 1971.

As in the past several years, the majority of children aged 13 years were protected against the disease by vaccination with B.C.G. vaccine.



The Health Service provided under Parts II and III of the National Health Service Act applicable to your district are briefly set out below:-

PART II1. Hospital Facilities.

General - The Urban District is well served by the Budleigh Salterton Cottage Hospital, Tel. 2020, where there is accommodation for:

Males	8 beds	General	2 beds
Females	8 beds	Amenity	1 bed
	Private	2 beds	

In addition to the above, the following hospitals are used:

- (a) The Royal Devon & Exeter Hospital, Southernhay East, Exeter.  
Telephone 59261 - 302 beds
- (b) The Royal Devon & Exeter Hospital, Heavitree Road, Exeter.  
Telephone 77991 - 240 beds
- (c) Redhills Hospital, St. Thomas, Exeter.  
Telephone 76481 - 139 beds
- (d) Princess Elizabeth Hospital, Wonford Road, Exeter.  
Telephone 54217 - 111 beds
- (e) West of England Eye Infirmary, Magdalen Street, Exeter.  
Telephone 73183 - 62 beds

The plastic surgery clinic for Devon is held at the Royal Devon and Exeter Hospital on the second Thursday morning of every month. Mr. Fitz-Gibbon and Mr. Bodenham of the South West Regional Hospital Board attend.

Maternity.

- (a) Exeter City Hospital, Heavitree Road, Exeter. - 49 beds  
Special Care Baby Unit - 31 cots
- (b)
- (b) Mowbray Maternity Hospital, Heavitree, Exeter. - 24 beds  
- 20 cots

Isolation.

Cases of Infectious Diseases are admitted to the Isolation Hospital Whipton, Exeter, Tel. 67158, as in previous years, when necessary.

Smallpox.

Cases of smallpox or suspected smallpox will be admitted to the Smallpox Isolation Hospital at Liskeard, Cornwall. Consultants who may be called upon to assist in the diagnosis of smallpox are:

East Devon - Dr. B.J.G. Wallace,  
Health Centre, Westham Road,  
Weymouth, Dorset.

Cornwall & Devon to River Exe -  
Dr. W.H. St. John Brooke  
West Cornwall Hospital  
Penzance, Cornwall.



## 2. Laboratory Facilities.

Bacteriological and serological examinations are carried out at the Public Health Laboratories, Church Lane, Exeter. Tel. 77833, under the Direction of Dr. B. Moore, whose ready co-operation and help I wish to acknowledge.

## 3. Veneral Disease.

Free advice and treatment is available to all persons at the following centre:-

	<u>Males.</u>	<u>Females.</u>
Royal Devon & Exeter Hospital	Monday 7 - 8 p.m. Friday 2 - 3 p.m.	Monday 6 - 7 p.m. Friday 3 - 4 p.m.

## 4. Ambulance Facilities.

Three ambulances are maintained at the Ambulance Station, Bastin Hall, Elm Grove, Exmouth. All are equipped with radio telephone communication systems.

In the district served, the ambulances have carried 4,371 patients, and have attended 56 street accidents and 72 home cases. The total mileage covered during the year was 54,404.

## PART III

### 1. Care of Mothers and Young Children.

Miss B. Sheerman, 1 Garden Court Road, Budleigh Salterton, is the Health Visitor assigned to this District, Tel. 2213.

The Child Health Clinic is held every Friday afternoon and the Ante Natal Clinic each Monday afternoon. Both Clinics are held at the Health Centre, 1 The Lawn and attended by local general practitioners.

During 1971, the following attendances were made:

Sessions Held	Total attendances by infants 0 - 1	Total attendances by children 1 - 5
52	912 (new cases - 95)	614 (New cases - 4)

### 2. Maternity.

There is one district nurse/midwife in this district, Nurse Powlesland Burnside, Halse Lane, Tel. 3274.

### 3. Care of Premature Infants.

When necessary, arrangements can be made for the admission of a premature baby and its mother to the nearest maternity unit, the Exeter City Hospital, where there are 31 cots for babies.





### Water Supply.

The water supply in this district is under the control of the East Devon Water Board.

All domestic properties are connected to the main water supply and 57 new properties were connected during the year.

The Water Board took 111 samples of water for bacteriological examination from various sources within the district and all proved satisfactory.

### Rodent Control.

During the year 36 properties were inspected as a result of complaints or survey under the Act. Of these 24 premises were found to be infested with rats and 3 with mice and were treated accordingly. 45 rats were destroyed.

All Council properties, including the refuse tip, are inspected regularly and treated as required.

There was no evidence that any of the sewers are harbouring rats.

### Drainage and Sewerage.

Sewerage for disposal is discharged into the sea between one hour after high water and one hour before low water. These conditions are maintained by an electrically operated tidal time switch.

### House Refuse.

House refuse is collected weekly from all premises within the area with additional collections made from certain trade premises for which a special charge is made.

The Council purchased and put into operation a new Karrier Muskateer continuous loading vehicle in April. In this type of vehicle the refuse is loaded into a hopper from where it is forced into the main body by a continuously rotating screw. This method tends to break up the bulkier items and thus reduces the volume which has the effect of economising in space at the tip. With the increase in both the amount and the bulk of the refuse collected this is a desirable feature.

Refuse is disposed of at a controlled tip at South Farm Road where a tractor is used for spreading a covering of earth immediately after tipping.

### Housing.

During 1971, 13 new houses and 24 flats were erected by private enterprise. These comprised 12 3-bedroom and 1 2-bedroom houses and 4 3-bedroom and 20 2-bedroom flats.

20 of the single bedroom flats at Greenway Lane were completed and occupied during the year.

A total of 710 defects in Council properties were dealt with by direct labour.





Food.

(1) The number and type of premises coming within the Food Hygiene Regulations are as follows:-

Bakehouses	..	..	..	..	..	..	2
Butcher	..	..	..	..	..	..	4
Catering Establishments	..	..	..	..	..	..	8
Confectioners	..	..	..	..	..	..	3
Dairies	..	..	..	..	..	..	1
Fishmongers (Wholesale & Retail)	..	..	..	..	..	..	2
Greengrocers	..	..	..	..	..	..	4
Grocers	..	..	..	..	..	..	8
Hotels and Guest Houses	..	..	..	..	..	..	11
Public Houses	...	..	..	..	..	..	4
Wholesale Stores	..	..	..	..	..	..	1

(ii) The number of premises registered under Section 16 of the Sale of Food & Drugs Act is:-

Ice Cream	..	..	..	..	..	..	16
Other Foods	..	..	..	..	..	..	4

(iii) During the year 63 visits were made to food premises and any necessary advice given. The standard of hygiene in such premises is generally good.

(iv). In the past reports it has been customary to give details of the total amount of food condemned during the year but as almost all of this comes from a large wholesale warehouse and is the result of close liaison with them to ensure that unsound food does not find an outlet to the public it is felt that such figures serve no useful purpose and may, in fact, be misleading because such food is not offered for sale to the public.

Other food condemned and voluntarily surrendered amounted to the following:

1 x 4lb Tin Ox Tongue  
1 x 4lb Tin Ham  
1 x 7lb Tin Apples.

Any unsound food is disposed of by burial at the Council's refuse tip.

(v) There are no premises within the Urban District used for the manufacture of ice cream, and therefore, coming within the Ice Cream (Heat Treatment) Regulations.



Offices, Shops & Railway Premises Act 1965.

A total of 120 visits were made under this Act and the statistics relating to the work are as follows:

Registration and General Inspections.

Class of Premises.	Number of Premises newly registered during the year.	Total number of Registered Premises at end of year.	Number of Premises Receiving General Inspection
Offices	2	19	2
Retail Shops	3	43	3
Wholesale Shops and Warehouses.	-	3	-
Catering Establishments.	-	10	-
Fuel Storage Depots.	-	-	-
TOTAL	5	75	5

Analysis of Persons Employed in Registered Premises by Workplace.

Class of Workplace.	Number of Persons Employed.
Offices	110
Retail Shops	131
Wholesale Warehouses	85
Catering Establishments	35
Fuel Storage Depots	-
Total	361
Total Males	169
Total Females	192

No Applications for exemptions under Section 46 of the Act were received.

4 Accidents were reported all of them of a comparatively minor nature.

Advice and verbal instructions were given in a number of cases but it was not found necessary to commence any legal proceedings.



Factories Act 1961.

1. Inspections for the purpose of provisions as to health  
(Including inspections made by the Public Health Inspector).

Premises. (1)	Number on Register (2)	Number of Inspections (3)	Written Notiecs. (4)	Occupiers Prosecuted. (5)
i. Factories in which Sections 1,2,3 & 6 to be enforced by Local Authorities.	1	2	-	-
ii. Factories not included in (i) in which Section 7 is enforced by Local Authorities.	12	12	-	-
iii. Other premises in which Section 7 is enforced by the Local Authority (excluding out- workers premises).	-	-	-	-
Totals.	13	14	-	-

2. Cases in which defects were found.

No defects were found.

3. Outworkers Sections 133 and 134.

No outworkers were notified as being employed in the District during the year.





